



RELATIONSHIP BREAKDOWN DO'S AND DON'TS

Whilst working within the Court process, we also work behind the scenes towards an **early negotiated settlement**. We aim to advise, negotiate and conduct matters to help the family **settle differences and reach agreements** as quickly as possible.

If your relationship has reached the point of irretrievable breakdown and you would like confidential advice on your rights and responsibilities, then Simpson Millar LLP can help. Follow our simple Do's and Don'ts of separation below, and if you have any further questions contact us on **0870 855 1200** for free, no obligation advice.

Do's

- Do your best to retain a civil relationship, especially for your children
- Realise agreement is more important than victory
- Accept that a minor concession may help to develop the discussions and secure settlement
- Make offers and develop negotiation rather than make threats and refuse to negotiate
- Remember there are always very many ways to react to any situation - never only one

- Keep in mind agreement is the goal; both sides must feel satisfied to reach a workable settlement

Don'ts

- Make unfair, unreasonable and unrealistic demands
- Point score
- Use emotional blackmail
- Use the children to get at one another
- Make threats or be abusive

The cost of separation is **not** just **financial**, it is often **emotional**. We strive to achieve a **dignified, co-operative** outcome, best for you and any children involved.

This guide contains information on current legal issues applicable at the time of printing. Note there may have been changes subsequently which have not been incorporated in to the material. This guide is intended for information purposes only and its content should not be applied to any particular set of facts or relied upon without legal or other professional advice. For further information on how we can help you please contact either:

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